

Philippine Sports Highlights: Asian Games Chef de Mission, Weightlifting Records

Philippine Sports · Answer Key · 17 Questions

1. Who was recently appointed as the Chef de Mission for the Philippines' contingent to the 20th Asian Games in Aichi-Nagoya, Japan, replacing Al Panlilio?

A) Richard Lim

- B) Abraham 'Bambol' Tolentino
- C) Carlos Yulo
- D) Mark Torcaso

2. Which Filipina weightlifter set two new youth world records at the 2026 IWF World Youth Weightlifting Championships in Cali, Colombia, in the girls' 48kg class?

A) Aleksandra Ann Diaz

- B) Hidilyn Diaz-Naranjo
- C) Althea Bacaro
- D) Jay-R Colonia

3. The Philippine women's national football team, the Filipinas, have qualified for which major international tournament following their performance in the 2026 AFC Women's Asian Cup?

A) 2027 FIFA Women's World Cup

- B) 2026 FIFA Women's World Cup
- C) 2028 FIFA Women's World Cup
- D) 2026 AFC Women's Championship

4. Who was named the Finals MVP for the 2026 PBA Commissioner's Cup after leading Barangay Ginebra San Miguel to a championship victory?

A) Scottie Thompson

- B) Justin Brownlee
- C) Chris McCullough
- D) LA Tenorio

5. What new national record in athletics was set by Leonard Grospe in NCAA Season 101 on May 7, 2026?

A) Men's high jump at 2.22 meters

- B) Men's long jump at 8.10 meters
- C) Men's 100m dash in 10.15 seconds
- D) Men's pole vault at 5.80 meters

6. Which of the following is a new sport experiencing rapid growth in the Philippines in 2026, with new courts emerging in shopping malls?

A) Pickleball

- B) Padel
- C) Ultimate Frisbee
- D) Cornhole

7. As of July 2026, how many consecutive losses did Gilas Pilipinas have entering the second round of the FIBA 2027 Basketball World Cup Asian Qualifiers, according to reports?

A) Four

- B) Three
- C) Five
- D) Two

8. Who was appointed as the new head coach of the NLEX Road Warriors for the PBA Season 50 Governors' Cup?

A) Jimmy Alapag

- B) Jong Uichico
- C) Nash Racela
- D) Yeng Guiao

9. The Philippines women's national football team's participation in the 2026 AFC Women's Asian Cup served as a crucial test against which level of competition?

A) Elite continental opposition

- B) Regional amateur teams
- C) Youth national teams
- D) Club-level teams

10. Which Filipino gymnast, a niece of Olympic gold medalist Hidilyn Diaz-Naranjo, is also a prominent weightlifter who set two new youth world records in July 2026?

A) Aleksandra Ann Diaz

- B) Kylee Kvamme
- C) Carlos Yulo
- D) Eya Laure

11. The Philippine men's national football team (PMNFT) is scheduled to compete in the 2026 ASEAN Championship-Hyundai Cup. Which of these teams is NOT in their group?

A) Singapore

- B) Malaysia
- C) Myanmar
- D) Laos

12. Who heads Karate Pilipinas and was recently appointed as a Deputy Chef de Mission for the Philippines in the 20th Asian Games?

- A) Erika Dy**
- B) Jarryd Bello
- C) Alexander Sulit
- D) Jop Malonzo

13. According to reports from Lifestyle.INQ, AI-powered sports analytics is becoming an essential tool for teams and coaches in the Philippines for what primary purposes?

- A) Analyzing player performance, improving strategy, and preventing injuries**
- B) Generating realistic game simulations
- C) Automating referee decisions
- D) Managing player social media accounts

14. The 2026 PBA Season Governors' Cup marks the debut of which former PBA star as the new head coach of the NLEX Road Warriors?

- A) Jimmy Alapag**
- B) LA Tenorio
- C) Jay Washington
- D) Asi Taulava

15. What significant achievement did the Filipinas (Philippine women's national football team) secure following their performance in the 2026 AFC Asian Cup?

- A) Qualified for the 2027 FIFA Women's World Cup**
- B) Won the 2026 AFC Women's Asian Cup
- C) Secured a spot in the Olympics
- D) Reached the final of the Southeast Asian Games

16. Who is the Olympic double gold medalist leading the 430 Filipino athletes competing in the 20th Asian Games in Aichi-Nagoya?

- A) Carlos Yulo**
- B) Hidilyn Diaz
- C) EJ Obiena
- D) Alex Eala

17. Which Philippine weightlifter, niece of Olympic gold medalist Hidilyn Diaz-Naranjo, won three gold medals at the 2026 IWF World Youth Championships in Cali, Colombia?

- A) Alexandra Ann Diaz**
- B) Althea Bacaro
- C) Jay-R Colonia
- D) Mary Joy Reyes