

# Philippine Folk Dances Overview

Physical Education · Practice Test · 20 Questions

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## 1. Who is known as the 'Mother of Philippine Folk Dances'?

- A) Francisca Reyes Aquino
- B) Donita Ann Mallillin-Agustin
- C) Gabriela Silang
- D) Teresa Magbanua

## 2. How many volumes of books did Francisca Reyes Aquino author on Philippine folk dance?

- A) Four
- B) Five
- C) Six
- D) Seven

## 3. What are the three major classifications of Philippine folk dance?

- A) Ethnic, Lowland Christian, and Muslim
- B) Courtship, Wedding, and War
- C) National, Local, and Religious
- D) Comic, Game, and Festival

## 4. Which culture influences the Muslim dances of Mindanao and Sulu?

- A) Spanish and Western
- B) Arabic and Indo-Malayan
- C) Japanese and Chinese
- D) American and British

## 5. What defines a National Dance?

- A) Dances from a specific town only
- B) Dances found throughout the islands with little modification
- C) Dances performed only by royalty
- D) Dances that require complex equipment

## 6. Which of the following is considered a local dance from Leyte?

- A) Maglalatik
- B) Subli
- C) Tinikling
- D) Binaganbigat

**7. What does the occupational dance 'Binatbatan' depict?**

- A) Fish drying
- B) Beating cotton pods
- C) Harvesting rice
- D) Making pottery

**8. The 'Dugsu' dance is primarily associated with what category?**

- A) Comic
- B) Religious/Ceremonial
- C) War
- D) Courtship

**9. Which dance depicts the movement of a person bitten by ants?**

- A) Makonggo
- B) Kinotan
- C) Lubi-Lubi
- D) Pavo

**10. What does the term 'Lubi-Lubi' literally mean?**

- A) Rice
- B) Flower
- C) Coconut
- D) Firefly

**11. Where is the wedding dance 'Panasahan' traditionally performed?**

- A) Malolos, Bulacan
- B) Batangas
- C) Ilocos Sur
- D) Abra

**12. In the courtship dance 'Tadek', what does the male dancer imitate?**

- A) A bird of prey
- B) A rooster
- C) A monkey
- D) A warrior

**13. Which dance is said to simulate fireflies at dusk?**

- A) Habanera
- B) Jota Suntido
- C) Pandanggo sa Ilaw
- D) Sagayan

**14. Which dance was created in honor of Prince Bantugan?**

- A) Sagayan
- B) Palu-palo
- C) Maglalatik
- D) Subli

**15. What is a common characteristic of Philippine folk dances?**

- A) Heavy body contact
- B) Dancers stand apart
- C) Performed only by soloists
- D) No hand movements

**16. Most Philippine folk dances begin and end with what?**

- A) A bow called 'saludo'
- B) A prayer
- C) A song
- D) A feast

**17. Dances from which region are described as having more foreign elements?**

- A) Uplands
- B) Lowlands
- C) Mountains
- D) Islands

**18. War dances in the Philippines are typically found among which groups?**

- A) Christian tribes
- B) Non-Christian tribes
- C) Urban populations
- D) Foreign settlers

**19. What is the nature of 'Game Dances'?**

- A) They involve religious vows
- B) They are done with play elements
- C) They depict combat
- D) They are only for weddings

**20. What does 'Pamulad Isda' depict?**

- A) Cotton cleaning
- B) Fish drying
- C) Ant bites
- D) Courtship