

Middle East Health Update: MERS Cases, Dengue, and Wellness Trends

Global Health · Practice Test · 10 Questions

1. Which country in the Middle East has recently reported an increase in MERS-CoV cases, including a hospital cluster?

- A) Saudi Arabia
- B) United Arab Emirates
- C) Qatar
- D) Oman

2. What animal is considered the primary reservoir for the MERS-CoV virus?

- A) Camels
- B) Bats
- C) Sheep
- D) Goats

3. According to recent reports, which Middle Eastern country is experiencing an increase in dengue fever cases, particularly affecting young people?

- A) Yemen
- B) Iraq
- C) Syria
- D) Jordan

4. What is a common symptom of Middle East Respiratory Syndrome (MERS)?

- A) Fever, cough, and shortness of breath
- B) Skin rash and joint pain
- C) Nausea and vomiting only
- D) Headache and fatigue only

5. Which Middle Eastern country has been actively promoting healthier lifestyles through initiatives like the Saudi National Sports Day as part of its longevity efforts?

- A) Saudi Arabia
- B) United Arab Emirates
- C) Kuwait
- D) Bahrain

6. What emerging health trend is becoming prominent in the Middle East, focusing on technology to enhance physical and mental performance and reduce biological age?

- A) Biohacking
- B) Traditional folk medicine
- C) Digital detox retreats
- D) Acupuncture therapy

7. Which of these diseases has recently seen an increase in cases reported in Iraq, with significant numbers in the Dhi Qar province?

- A) Crimean-Congo haemorrhagic fever (CCHF)
- B) West Nile Virus
- C) Ebola
- D) Zika Virus

8. The UAE has been implementing public health campaigns using which of the following techniques to engage and educate individuals?

- A) Storytelling
- B) Celebrity endorsements
- C) Gamification
- D) Street theater

9. In what region of the Middle East has a measles outbreak been reported among displaced populations?

- A) Syria
- B) Yemen
- C) Lebanon
- D) Jordan

10. Which country in the Middle East is investing heavily in advanced diagnostics, personalized medicine, and longevity-focused clinics, aiming to become a global longevity hub?

- A) United Arab Emirates
- B) Saudi Arabia
- C) Qatar
- D) All of the above