

Middle East Health Update: MERS Cases, Dengue, and Wellness Trends

Global Health · Answer Key · 10 Questions

1. Which country in the Middle East has recently reported an increase in MERS-CoV cases, including a hospital cluster?

- A) Saudi Arabia**
- B) United Arab Emirates
- C) Qatar
- D) Oman

2. What animal is considered the primary reservoir for the MERS-CoV virus?

- A) Camels**
- B) Bats
- C) Sheep
- D) Goats

3. According to recent reports, which Middle Eastern country is experiencing an increase in dengue fever cases, particularly affecting young people?

- A) Yemen**
- B) Iraq
- C) Syria
- D) Jordan

4. What is a common symptom of Middle East Respiratory Syndrome (MERS)?

- A) Fever, cough, and shortness of breath**
- B) Skin rash and joint pain
- C) Nausea and vomiting only
- D) Headache and fatigue only

5. Which Middle Eastern country has been actively promoting healthier lifestyles through initiatives like the Saudi National Sports Day as part of its longevity efforts?

- A) Saudi Arabia**
- B) United Arab Emirates
- C) Kuwait
- D) Bahrain

6. What emerging health trend is becoming prominent in the Middle East, focusing on technology to enhance physical and mental performance and reduce biological age?

A) Biohacking

B) Traditional folk medicine

C) Digital detox retreats

D) Acupuncture therapy

7. Which of these diseases has recently seen an increase in cases reported in Iraq, with significant numbers in the Dhi Qar province?

A) Crimean-Congo haemorrhagic fever (CCHF)

B) West Nile Virus

C) Ebola

D) Zika Virus

8. The UAE has been implementing public health campaigns using which of the following techniques to engage and educate individuals?

A) Storytelling

B) Celebrity endorsements

C) Gamification

D) Street theater

9. In what region of the Middle East has a measles outbreak been reported among displaced populations?

A) Syria

B) Yemen

C) Lebanon

D) Jordan

10. Which country in the Middle East is investing heavily in advanced diagnostics, personalized medicine, and longevity-focused clinics, aiming to become a global longevity hub?

A) United Arab Emirates

B) Saudi Arabia

C) Qatar

D) All of the above