

Middle East Health Crises: Conflict, Disease Outbreaks, and Policy Shifts in the

Global Health · Practice Test · 18 Questions

1. As of June 2024, which Iraqi province has reported a significant number of Crimean-Congo Hemorrhagic Fever (CCHF) cases and deaths?

- A) Baghdad Province
- B) Basra Province
- C) Dhi Qar Province
- D) Ninawa Province

2. What significant public health event in Israel in June 2024 saw an unusually high surge in cases and fatalities compared to previous years?

- A) West Nile Fever
- B) Dengue Fever
- C) Zika Virus
- D) Hepatitis A

3. According to WHO reports in March 2026, how many attacks on healthcare facilities had been verified in Lebanon since the latest escalation of hostilities began on March 2, 2026?

- A) 191
- B) 250
- C) 150
- D) 91

4. Which Middle Eastern country's Ministry of Health launched the 'Taakad' initiative, a preventive care program focused on early disease detection and proactive health management?

- A) United Arab Emirates
- B) Saudi Arabia
- C) Qatar
- D) Oman

5. In June 2024, over 1,000 pilgrims reportedly died due to heat exhaustion during which major religious gathering in Saudi Arabia?

- A) Eid al-Adha
- B) Hajj
- C) Umrah
- D) Ramadan Taraweeh Prayers

6. What new national health strategy was launched in Qatar under the slogan 'Health for All' with ambitious goals for 2024-2030?

- A) National Health Vision 2030
- B) Qatar Health for All Strategy
- C) National Health Strategy 2024-2030
- D) Sustainable Health Initiative

7. Which Middle Eastern country's health system is undergoing a transformation as part of Vision 2030, with a focus on improving access, modernizing facilities, and enhancing private sector investment?

- A) Iran
- B) Saudi Arabia
- C) Iraq
- D) Syria

8. The World Health Organization (WHO) has warned of an escalating epidemic of which disease in Lebanon, with a significant rise in cases reported in the country's north?

- A) Cholera
- B) Malaria
- C) Typhoid Fever
- D) Dengue Fever

9. As of June 2026, the Middle East & Africa behavioral health market is rapidly expanding, driven by favorable government support and the increasing use of innovative approaches for managing which type of health disorders?

- A) Cardiovascular disorders
- B) Respiratory disorders
- C) Mental health disorders
- D) Gastrointestinal disorders

10. In early June 2024, a confirmed case of human infection with avian influenza A(H5N2) was reported globally for the first time in which country?

- A) United States
- B) Mexico
- C) Canada
- D) China

11. According to a report in March 2026, the Iranian Red Crescent Society had received a significant number of calls via its psychological support helpline due to distress during the intense conflict. Approximately how many calls were received by March 31, 2026?

- A) 50,000
- B) 130,000
- C) 200,000
- D) 75,000

12. Which initiative, rooted in Saudi Arabia's Vision 2030, aims to shift healthcare from a reactive to a proactive model by emphasizing regular health screenings and early risk detection?

- A) Seha Virtual Hospital
- B) Taakad
- C) Mawid
- D) Nafath

13. In the context of the ongoing Middle East conflict, which two countries are consistently reported by the WHO to be experiencing the most severe health impacts, with hundreds of deaths and thousands of injuries?

- A) Syria and Yemen
- B) Iran and Lebanon
- C) Iraq and Jordan
- D) Saudi Arabia and UAE

14. Which of the following is NOT listed as a major health problem in the UAE, according to recent surveys and reports?

- A) Diabetes
- B) Obesity
- C) Tuberculosis
- D) Vitamin D deficiency

15. What is the standard monthly premium for the Mandatory Visitors' Health Insurance policy in Qatar, as of recent reports?

- A) QR 75
- B) QR 50
- C) QR 100
- D) QR 25

16. The WHO Eastern Mediterranean Region reported a significant increase in the number of major outbreaks in 2022 compared to 2021 and 2020. Approximately how many outbreaks were reported in 2022?

- A) 31
- B) 14
- C) 55
- D) 80

17. In June 2024, Israel experienced an unusual surge in West Nile fever cases. What percentage of these cases presented with neuroinvasive disease?

- A) 62.1%
- B) 40.5%
- C) 75.3%
- D) 50.8%

18. Which region has seen a significant increase in measles cases from 2022 to 2023, with the WHO Eastern Mediterranean region reporting 88,598 cases in 2023?

- A) WHO African Region
- B) WHO European Region
- C) WHO South-East Asia Region
- D) WHO Eastern Mediterranean Region