

South Asian Sports: Ancient Roots, Modern Trends, and Cultural Shifts in Cricket

South Asian Sports · Practice Test · 15 Questions

1. Which ancient South Asian civilization, flourishing around 3300-1300 BCE, provides archaeological evidence of sports and physical activities integral to daily life, including artifacts suggesting early forms of wrestling and archery?

- A) The Vedic Civilization
- B) The Maurya Empire
- C) The Indus Valley Civilization
- D) The Gupta Empire

2. The Pro Kabaddi League (PKL) has significantly modernized kabaddi. Which of the following is a primary reason for its success in captivating audiences and fans?

- A) Its endorsement by international cricket stars
- B) The introduction of complex statistical analytics for viewers
- C) Its fast-paced, action-packed matches with little downtime
- D) The requirement for players to have formal university degrees

3. Cricket's popularity in South Asia surged significantly after which major event, leading to a decline in the popularity of field hockey?

- A) India's victory in the 1983 Cricket World Cup
- B) The establishment of the Indian Premier League (IPL)
- C) Pakistan's first Test series win against Australia
- D) Sri Lanka's 1996 Cricket World Cup triumph

4. The rise of esports in South Asia, particularly in 2025, has been characterized by increased visibility and communal engagement. Which of the following was a key initiative that provided a regional pathway for 'League of Legends' competitors, drawing 95 teams from six countries?

- A) Valorant Challengers South Asia
- B) Legends Ascend South Asia
- C) The Pro Kabaddi League
- D) The Asian Games Esports Competitions

5. Historically, which sport was introduced to South Asia during the colonial era and later became the region's preeminent sport, accounting for approximately 90% of its worldwide fans?

- A) Football
- B) Field Hockey
- C) Kabaddi
- D) Cricket

6. The 'Connecting Communities' research project, funded by the Premier League Fan's Fund, aims to understand barriers to football participation among South Asian communities. What is a key finding regarding female participation in physical activity in England, based on Sport England's Active Lives survey?

- A) Pakistani and Indian women engage in physical activity at a higher rate than White women.
- B) Pakistani women engage in physical activity at a lower rate than White women.
- C) Indian women engage in physical activity at a higher rate than Pakistani women.
- D) Pakistani and Indian women engage in physical activity at the same rate as White women.

7. Which traditional South Asian sport, known for its blend of tag and wrestling, has seen a significant resurgence with professional leagues and is characterized by its accessibility due to requiring no equipment?

- A) Kho-kho
- B) Kabaddi
- C) Gilli-danda
- D) Atya-patya

8. In the context of South Asian sports diplomacy, particularly between India and Pakistan, which sport has historically served as a 'bridge' and an 'informal safety valve' for interaction when governmental dialogue failed?

- A) Field Hockey
- B) Football
- C) Cricket
- D) Badminton

9. The modernization of kabaddi, exemplified by the Pro Kabaddi League (PKL), has led to increased professionalization and player recognition. What is a direct impact of this modernization on grassroots kabaddi?

- A) A decrease in local tournaments due to lack of interest.
- B) Inspiration for young talents from remote villages to pursue professional careers.
- C) Reduced incorporation of kabaddi in school and college curricula.
- D) A shift towards exclusively indoor training facilities.

10. Riot Games' expansion in South Asia, particularly in 2025, emphasized community participation. Which 'League of Legends' regional pathway tournament concluded with S8UL Esports winning the title, advancing to the LCP Wild Card Playoffs?

- A) Valorant Challengers South Asia
- B) The Asian Games Esports
- C) Legends Ascend South Asia
- D) Mobile Legends Professional League (MPL)

11. The 'Fanatic Sports Hurun India's Most Valuable Sports Teams 2026' report highlights the growing role of women's sports in India's economy. What is projected to drive future growth in this sector?

- A) A decrease in disposable incomes
- B) A reduction in women's leagues and sporting events
- C) Increased spending on men's sports overshadowing women's
- D) Growth from women's leagues, fandom, and sporting events

12. The PFA's Asian Inclusion Mentoring Scheme (AIMS) aims to increase South Asian representation in football. Data from the 2022/23 season showed a percentage increase in players of South Asian heritage at all levels of elite football. What was this increase?

- A) 6.3%
- B) 12.6%
- C) 18.9%
- D) 24.5%

13. Which traditional South Asian sport has been identified as a potential instrument for peace between India and Pakistan, capable of transcending political and diplomatic impasses?

- A) Kabaddi
- B) Field Hockey
- C) Cricket
- D) Sepak Takraw

14. In the context of South Asian gaming, which mobile game has become a significant cultural connector, particularly in Southeast Asia, by fostering community, local pride, and bridging borders with millions of daily active users?

- A) PUBG Mobile
- B) Garena Free Fire
- C) Mobile Legends: Bang Bang (MLBB)
- D) Clash of Clans

15. The inclusion of sports like kabaddi and sepak takraw in the Asian Games highlights Asia's unique sporting landscape. These regional sports are often characterized by:

- A) Heavy reliance on advanced technology and equipment
- B) A blend of ancient traditions with modern competitive formats
- C) Exclusivity to a single country or cultural group
- D) Limited spectator appeal outside of Asia