

North America Health Watch: Measles Surge, CDC Listeria Alert, and Canadian

Health News · Practice Test · 7 Questions

1. As of early June 2026, how many confirmed measles cases have been reported in the United States in 2026?

- A) Approximately 500 cases
- B) Over 1,000 cases
- C) Over 2,000 cases
- D) Fewer than 200 cases

2. What food product is currently being investigated by the CDC for a multistate outbreak of Listeria infections?

- A) Packaged salads
- B) Soft cheese
- C) Deli meats
- D) Raw sprouts

3. What new health-related controls took effect in Canada on June 5, 2026, aimed at strengthening public safety?

- A) Mandatory vaccination for all citizens
- B) Temporary controls on certain synthetic opioids and chemical precursors
- C) Stricter regulations on processed foods
- D) A ban on all over-the-counter pain relievers

4. According to the CDC's update on June 5, 2026, what percentage of confirmed measles cases in the US were associated with outbreaks in 2026?

- A) Approximately 50%
- B) Approximately 75%
- C) Approximately 93%
- D) Approximately 60%

5. Which US government agency is investigating the multistate Listeria outbreak linked to soft cheese as of June 2026?

- A) FDA
- B) USDA
- C) EPA
- D) CDC

6. As of June 2026, how many states have reported illnesses in the multistate Listeria outbreak linked to soft cheese?

- A) 1 state
- B) 3 states
- C) 5 states
- D) 7 states

7. What new regulation regarding melatonin for children under 18 took effect in Canada on June 2, 2026?

- A) Melatonin is now available over-the-counter
- B) Melatonin for children under 18 requires a prescription
- C) Melatonin is banned for pediatric use
- D) Dosage recommendations for pediatric melatonin have doubled