Philippines Health Watch: Dengue Surge, Measles Resurgence, and New COV

Health News · Answer Key · 12 Questions

1. As of late 2024, what was the reported percentage increase in dengue cases in the Philippines compared to the same period in 2023, according to the Department of Health?

A) An 82% increase
B) A 19% increase
C) A 279% increase
D) A 40% increase

2. In early 2025, the Philippines reported a significant increase in Hand, Foot, and Mouth Disease (HFMD) cases. What was the percentage increase compared to the same period in 2024?

A) 185%
B) 81%
C) 200%
D) 57%

3. What new COVID-19 variants, descendants of JN.1, were confirmed to be present in the Philippines by mid-2024, leading to increased monitoring?

A) Alpha and Delta
B) Omicron and BA.5
C) KP.2 and KP.3 (FLiRT variants)
D) Gamma and Beta

4. According to reports in late 2024, which region in the Philippines experienced a significant surge in measles and rubella cases, leading to an outbreak declaration?

A) Bicol Region
B) Central Visayas
C) Bangsamoro Autonomous Region in Muslim Mindanao (BARMM)
D) Cordillera Administrative Region

5. In August 2024, the Philippines reported its first mpox case of the year. What was notable about this case regarding travel history?

A) The patient had recently traveled from Sweden.
B) The patient had no travel history outside the Philippines.
C) The patient had traveled extensively within Southeast Asia.
D) The patient had a history of travel to the Democratic Republic of Congo.

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6. As of early 2025, what was the reported percentage increase in leptospirosis cases in the Philippines compared to the same period in the previous year, according to the DOH?

A) 8%
B) 43.45%
C) 68%
D) 200%

7. What was the main finding regarding the 'FLiRT' variants (KP.2 and KP.3) of COVID-19 in the Philippines by mid-2024, according to the Department of Health?

A) They were causing severe to critical COVID-19 cases.
B) They showed a significantly higher fatality rate than previous variants.
C) There was no evidence they were causing severe to critical COVID-19.
D) They required immediate global travel restrictions.

8. Which of the following diseases was NOT explicitly mentioned as having a significant increase or outbreak in the Philippines in late 2024 or early 2025 reports from the provided search results?

A) Dengue
B) Measles
C) Zika Virus
D) Hand, Foot, and Mouth Disease

9. In the context of public health campaigns in the Philippines, what was the "Healthy Pilipinas" initiative primarily focused on during the COVID-19 pandemic?

A) Promoting mental health through online planting challenges.
B) Disseminating critical information on COVID-19 prevention behaviors via social media.
C) Encouraging vaccination against polio and other preventable diseases.
D) Tracking and reporting on the economic impact of the pandemic.

10. What is the primary concern for pregnant women regarding the Zika virus, as highlighted in health advisories?

A) It causes severe respiratory illness.
B) It can lead to serious birth defects in their children.
C) It requires immediate hospitalization and antiviral treatment.
D) It can cause widespread outbreaks similar to COVID-19.

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11. The DOH has been monitoring 'W.I.L.D.' diseases. What does the acronym 'W.I.L.D.' stand for in this context?

A) Waterborne diseases, Influenza-like illnesses, Leptospirosis, and Dengue

B) West Nile Virus, Influenza, Lassa Fever, and Diphtheria

C) Whooping Cough, Infections, Lung disease, and Dysentery

D) Viral infections, Immune deficiency, Liver disease, and Diabetes

12. As of early 2025, the Philippines faced a surge in HIV cases, particularly affecting which age group, with a significant percentage linked to sexual transmission?

A) Individuals aged 65 and above

B) Children aged 10 and below

C) Young individuals aged 15 to 34 years

D) Seniors aged 55 to 64 years

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