

South Asia Health Update: June 2026 - Key Initiatives and Observances

Global Health · Practice Test · 12 Questions

1. Sri Lanka has launched a 'Triple Elimination National Program' focusing on preventing the mother-to-child transmission of which three diseases?

- A) HIV, Syphilis, and Hepatitis B
- B) Malaria, Dengue, and Chikungunya
- C) Tuberculosis, Influenza, and Measles
- D) Hepatitis C, Polio, and Measles

2. As of early June 2026, what is a major focus for Pakistan's health sector reforms, particularly concerning vaccine availability?

- A) Strengthening local vaccine production capacity
- B) Increasing reliance on imported vaccines
- C) Reducing the number of available vaccines
- D) Phasing out childhood immunization programs

3. What significant change is Nepal implementing in its health insurance system starting from the fiscal year 2026/27?

- A) Consolidating multiple fragmented schemes into a single coverage system
- B) Eliminating health insurance for all citizens
- C) Increasing the number of private insurance providers
- D) Reducing the overall health insurance budget

4. India's Ministry of Health and Family Welfare issued an advisory regarding Ebola in early June 2026. What was the main confirmation regarding the situation in India?

- A) No cases of Ebola have been reported in India.
- B) Ebola has been detected in several major cities.
- C) The advisory was for a preventative vaccination campaign.
- D) It warned of an imminent outbreak in border regions.

5. Pakistan's federal cabinet has approved a nationwide system to curb counterfeit drugs. What is this system called?

- A) Track and Trace System
- B) Digital Prescription Network
- C) Pharmaceutical Verification Initiative
- D) Medicine Security Framework

6. Which South Asian country is preparing rapid response teams with trained doctors and health workers to address monsoon-related health issues in June 2026?

- A) Nepal
- B) India
- C) Bangladesh
- D) Sri Lanka

7. The government of Pakistan has proposed a significant budget allocation for the upcoming fiscal year (FY2026-27) for health. What is the proposed total development budget for the health sector?

- A) Rs22 billion
- B) Rs10 billion
- C) Rs50 billion
- D) Rs5 billion

8. Sri Lanka has launched the 'REACH Sri Lanka 2026' program. What is the primary focus of this educational initiative?

- A) Improving knowledge of Pediatric Palliative Care (PPC)
- B) Training healthcare workers on infectious disease control
- C) Expanding access to general health screenings
- D) Promoting mental health awareness among adolescents

9. As of early June 2026, what is a key health sector reform being discussed between Pakistan and Saudi Arabia?

- A) Introduction of a nationwide digital health records system
- B) Joint development of new vaccines
- C) Establishing a regional health emergency response unit
- D) Collaborative research on rare diseases

10. Nepal is advancing the 'One Health' approach to address interconnected health challenges. What are the key pillars of this approach?

- A) Governance and coordination, integrated surveillance, preparedness and response, capacity development, and communication and advocacy
- B) Disease prevention, treatment, research, public awareness, and funding
- C) Environmental health, animal welfare, human well-being, and sustainable development
- D) Emergency response, vaccination drives, health infrastructure, and policy reform

11. The WHO South-East Asia Region is inviting nominations for its 2026 Public Health Champion Award. What is the deadline for submitting nominations?

- A) June 30, 2026
- B) July 31, 2026
- C) May 31, 2026
- D) August 31, 2026

12. Bangladesh is planning to launch a national 'e-Health Card' by June 2026. What is a primary benefit of this initiative?

- A) Allowing physicians to access essential patient information across different facilities
- B) Providing free medical consultations to all citizens
- C) Replacing all physical medical records with digital ones
- D) Facilitating international medical tourism