

Middle East Summer & Eid 2026 Fashion: Kaftan, Abaya & Color Trends Revealed

Fashion Trends · Answer Key · 7 Questions

1. Which traditional garment is a popular choice for both Eid and summer occasions in the Middle East, known for its comfort and elegance?

- A) Sari
- B) Kimono
- C) Kaftan**
- D) Cheongsam

2. What type of fabrics are predominantly trending for summer fashion in the Middle East due to their breathable and lightweight qualities?

- A) Wool and Leather
- B) Denim and Corduroy
- C) Linen and Cotton**
- D) Velvet and Brocade

3. For Eid and Summer 2026, what kind of embellishment is widely seen on abayas and kaftans in the Middle East?

- A) Heavy beading
- B) Subtle embroidery and minimalist detailing**
- C) Large patches
- D) Neon prints

4. Which color palettes are highlighted as trending for Middle Eastern fashion in Summer 2026?

- A) Bright neons and metallics
- B) Dark browns and greys
- C) Earthy tones, pastels, and jewel tones**
- D) Monochromatic black and white

5. A key characteristic of modest fashion silhouettes trending in the Middle East for 2026 is a focus on what?

- A) Tight-fitting and restrictive designs
- B) Short and revealing cuts
- C) Fluid, elongated, and softly structured forms**
- D) Asymmetrical and dramatic hemlines

6. What is a significant trend in overall Middle Eastern fashion for 2026, combining luxury with practicality for everyday and festive wear?

- A) Maximalist layering
- B) Fast fashion consumption
- C) Comfort blended with refined elegance**
- D) Sportswear dominance

7. Which type of coordinated outfits are having a major moment in modest fashion for Eid 2026 in the Middle East?

- A) Athleisure sets
- B) Two-piece matching sets and co-ords**
- C) Formal evening gowns
- D) Business suits