

Middle East Health Diplomacy: Key Cross-Border Initiatives & Agreements (2025)

Global Health · Practice Test · 11 Questions

1. In February 2026, which two international health organizations signed a Memorandum of Arrangement to strengthen hospital resilience in the Eastern Mediterranean Region?

- A) WHO and UNICEF
- B) WHO's Regional Office for the Eastern Mediterranean (EMRO) and the Pan American Health Organization (PAHO)
- C) Red Crescent and Doctors Without Borders
- D) UNHCR and World Bank

2. What was the primary focus of Saudi Arabia's 'Health Without Borders' event, hosted in September 2025 on the sidelines of the UN General Assembly?

- A) Promoting advanced telemedicine technologies
- B) Advancing global health systems and fostering cross-border partnerships
- C) Establishing a unified pharmaceutical procurement system
- D) Addressing mental health challenges in conflict zones

3. In October 2025, what significant plan did the Gulf Cooperation Council (GCC) Health Ministers adopt during their 88th meeting?

- A) A new framework for digital health security
- B) A 4-year public health plan focusing on prevention, health promotion, and risk readiness
- C) A unified medical tourism strategy
- D) A joint initiative for rare disease research

4. The Regional Health Alliance (RHA) Strategic Dialogue in January 2025, involving 18 UN agencies, endorsed a new structure and a Joint Action Plan (JAP) for which year?

- A) 2024
- B) 2025
- C) 2026
- D) 2027

5. The 2025 Annual Convening of the Doha Global South Health Policy Initiative focused on which three urgent themes?

- A) Digital transformation, medical education, and infectious disease control
- B) Health financing, immunization system optimization, and strategic health communications
- C) Climate change impact on health, non-communicable diseases, and surgical capacity
- D) Maternal and child health, primary healthcare, and disaster response

6. In March 2026, the UN World Health Organization (WHO) released emergency funds to support health systems in which three Middle Eastern countries affected by escalating conflict?

- A) Egypt, Jordan, and Palestine
- B) Iran, Turkey, and Yemen
- C) Lebanon, Iraq, and Syria
- D) Saudi Arabia, UAE, and Qatar

7. In May 2026, The Lancet warned that damage to which Iranian institution could have consequences beyond its borders and threaten regional health security?

- A) Tehran University of Medical Sciences
- B) Iran's Atomic Energy Organization Medical Centre
- C) Iran's Pasteur Institute
- D) Shiraz Medical School Hospital

8. According to a January 2026 report, what is a primary challenge facing the telehealth sector's growth and cross-border integration in the Middle East?

- A) Lack of patient acceptance
- B) Insufficient technological infrastructure
- C) Regulatory complexity and varying licensing requirements
- D) High cost of telehealth services for consumers

9. During the 79th World Health Assembly in May 2026, Saudi Arabia shared its national approach for resilient health supply chains and launched a new initiative. What was this initiative called?

- A) The Middle East Medical Tourism Alliance
- B) The Gulf Health Data Exchange Network
- C) The Global Virtual Health Alliance
- D) The Arab Pharmaceutical Manufacturing Consortium

10. The Arab Hospitals Federation (AHF) 2026 Action Plan focuses on reinforcing core pillars for effective healthcare systems. Which of the following is NOT explicitly mentioned as a core pillar?

- A) Sound governance
- B) Workforce resilience
- C) Space tourism medical protocols
- D) Digital and AI readiness

11. The Arab Tourism Organisation called for stronger cooperation in which specific sector after a roundtable discussion with experts from 11 Arab countries?

- A) Eco-tourism development
- B) Adventure tourism promotion
- C) Medical tourism
- D) Cultural heritage preservation