

# Canada's Latest Health Headlines: From Viral Outbreaks to Digital Wellness T

Global Health News · Practice Test · 10 Questions

---

**1. Which avian virus has Canada been actively monitoring in humans and animals, using a 'One Health' approach?**

- A) Influenza A(H1N1)
- B) Avian influenza A(H5N1)
- C) West Nile Virus
- D) Ebola Virus

**2. As of recent reports, what has been the general trend for weekly COVID-19 deaths nationally in Canada?**

- A) They have significantly increased.
- B) They remain low.
- C) They have stabilized at a high level.
- D) Data is no longer being reported.

**3. What is a significant emerging trend in Canadian healthcare, particularly in urban and rural communities, that aims to improve access and reduce wait times?**

- A) Increased reliance on traditional in-person appointments.
- B) Expansion of digital health services, including virtual appointments.
- C) A complete return to paper-based medical records.
- D) Reduced availability of specialized medical care.

**4. Which dominant lineage group for COVID-19 continues to be identified nationally in Canada, with specific sub-lineages showing prominence?**

- A) Alpha variant
- B) Delta variant
- C) Omicron (JN.1 group)
- D) Gamma variant

**5. In Canada, the approach to pandemic preparedness is increasingly focusing on a 'deep prevention' strategy. What does this approach emphasize?**

- A) Responding to outbreaks after they have occurred.
- B) Preventing zoonotic pathogens from spilling over from animals to humans.
- C) Relying solely on international aid for pandemic response.
- D) Developing new pharmaceutical treatments only.

**6. What is the term for the approach Canada uses to monitor human and animal health outbreaks by considering the interconnectedness of human, animal, and environmental health?**

- A) Public Health Strategy
- B) Zoonotic Surveillance
- C) One Health Approach
- D) Environmental Health Initiative

**7. Which Canadian province reported mink farm SARS-CoV-2 outbreaks, leading to a 'One Health' response for risk mitigation?**

- A) Ontario
- B) Quebec
- C) British Columbia
- D) Alberta

**8. According to recent data, what percentage of the Canadian population has received at least one dose of a COVID-19 vaccine?**

- A) Approximately 60%
- B) Approximately 85%
- C) Approximately 95%
- D) Approximately 50%

**9. What trend has been observed regarding the mental health of Canadian youth aged 12 to 25 from 2015 to 2021?**

- A) Positive mental health has increased, while mental illness has decreased.
- B) Both positive mental health and mental illness have remained stable.
- C) Positive mental health has decreased, while mental illness has increased.
- D) Mental illness has decreased, while positive mental health has increased.

**10. What type of virus was recently confirmed in a Canadian passenger on the MV Hondius cruise ship, prompting a precautionary approach?**

- A) Hepatitis A
- B) Andes hantavirus
- C) Norovirus
- D) Measles