

Nordic Health Horizon: Hantavirus Alert, Digital Health Push, and Vaccine Innovation

Global Health · Practice Test · 12 Questions

1. A hantavirus outbreak linked to the Andes virus has been reported on the cruise ship MV Hondius, which traveled from Argentina. As of May 7, 2026, how many confirmed cases and deaths have been reported by the WHO in relation to this outbreak?

- A) Five confirmed cases and three deaths.
- B) Two confirmed cases and three deaths.
- C) Eight confirmed cases and five deaths.
- D) Six confirmed cases and two deaths.

2. Denmark is set to host HIMSS26 Europe in Copenhagen from May 19-21, 2026. What key themes will be spotlighted at this conference related to shaping future health systems?

- A) Genomics, personalized medicine, and telemedicine.
- B) Trustworthy AI, cybersecurity, and data-driven women's health.
- C) Robotics in surgery, pharmaceutical development, and public health policy.
- D) Environmental health, sustainable practices, and global health diplomacy.

3. Sweden has announced a forthcoming National Action Plan for Heart Health. Cardiovascular diseases are a major health concern in Sweden, affecting approximately what proportion of the population?

- A) One in ten people.
- B) One in twenty people.
- C) One in five people.
- D) One in three people.

4. In Norway, a significant decline in prostate cancer mortality has been observed over the past decades. According to a study by the Norwegian Institute of Public Health (NIPH), which Nordic country showed the most substantial decline?

- A) Finland
- B) Iceland
- C) Norway
- D) Sweden

5. Finland's parliament approved a reform of the Act on Secondary Use of Social and Health Data. When are the revisions from this reform set to be applied for most parts?

- A) January 1, 2026
- B) May 1, 2026
- C) July 1, 2026
- D) September 1, 2026

6. The University of Iceland announced a breakthrough technology that could accelerate the development of medicines for incurable diseases. This technology is particularly relevant for which class of therapeutics?

- A) Antibiotics for bacterial infections
- B) Induced proximity therapeutics
- C) Gene therapy for inherited disorders
- D) Vaccines for viral diseases

7. Sweden has launched a pioneering initiative for public health financing, allocating 10 million kronor annually from 2024 to 2026. What is the primary aim of this initiative?

- A) To fund research into rare diseases.
- B) To promote innovative and knowledge-based public health initiatives.
- C) To subsidize healthcare costs for the elderly.
- D) To expand public hospital infrastructure.

8. Norway reported a record high number of Listeria infections in 2025. What type of food products were identified as a suspected source in a specific outbreak investigated by the Norwegian Institute of Public Health?

- A) Dairy products
- B) Seafood
- C) Traditional meat products
- D) Packaged salads

9. A new Nordic Health Crises University Network (HealthCrisNet) has been established with funding from NordForsk. What is the primary mission of this network?

- A) To develop new pharmaceutical drugs.
- B) To strengthen preparedness and resilience in the face of health crises.
- C) To conduct clinical trials for new vaccines.
- D) To track and manage infectious disease outbreaks globally.

10. Sweden is implementing a new 10-year strategy to combat antimicrobial resistance (AMR). What is the stated timeframe for this strategy?

- A) 2025-2035
- B) 2026-2035
- C) 2026-2036
- D) 2025-2030

11. Finland is set to implement modest increases to its statutory health insurance contributions for 2026. What is the new employer health insurance contribution rate as a percentage of wages?

- A) 1.87%
- B) 1.91%
- C) 1.10%
- D) 0.88%

12. The Nordic countries have provided a unique opportunity for health registry-based research. In October 2021, Sweden, Norway, and Finland temporarily suspended the use of the Moderna COVID-19 vaccine in certain young age groups due to concerns about which potential rare side effect?

- A) Anaphylaxis
- B) Myocarditis and pericarditis
- C) Blood clots
- D) Severe fever