

Sub-Saharan Africa's Shifting Health Landscape: From Infectious Diseases to

Global Health · Practice Test · 10 Questions

1. Which environmental factor is increasingly contributing to health issues like waterborne diseases in Sub-Saharan Africa?

- A) Increased urbanization
- B) Deforestation
- C) Climate change
- D) Overfishing

2. What is a significant challenge in integrating traditional medicine into formal healthcare systems in Sub-Saharan Africa?

- A) Lack of demand from the public
- B) Over-reliance on modern medicine
- C) Insufficient scientific validation and resources for research
- D) Limited availability of traditional healers

3. Which of the following is a major non-communicable disease (NCD) on the rise in Sub-Saharan Africa?

- A) Malaria
- B) Tuberculosis
- C) Diabetes
- D) Cholera

4. What technology is being increasingly leveraged to improve healthcare access in underserved areas of Sub-Saharan Africa?

- A) Landline telephones
- B) Fax machines
- C) Digital health innovations (e.g., mHealth, telemedicine)
- D) Pagers

5. Which disease has seen a historic rollout of a new vaccine in several Sub-Saharan African countries starting in 2024 and continuing in 2025?

- A) HIV/AIDS
- B) Malaria
- C) Ebola
- D) Yellow Fever

6. What cultural factor has historically contributed to the spread of HIV/AIDS in some parts of Sub-Saharan Africa, requiring societal change?

- A) Widespread use of traditional healers
- B) Emphasis on communal living
- C) Gender inequalities and patriarchal norms
- D) Limited access to education on health

7. What is a key challenge for the successful implementation and scaling of digital health interventions in Sub-Saharan Africa?

- A) Overabundance of digital infrastructure
- B) Low cost of digital technologies
- C) Inadequate infrastructure, connectivity, and digital literacy
- D) Lack of interest from healthcare providers

8. What is a significant concern regarding non-communicable diseases (NCDs) in Sub-Saharan Africa?

- A) NCDs are decreasing rapidly
- B) NCDs are becoming the leading cause of mortality, surpassing communicable diseases
- C) NCDs primarily affect the elderly population
- D) Focus remains solely on communicable diseases

9. Which of the following is a major challenge in addressing mental health issues in Sub-Saharan Africa?

- A) Overcrowding of mental health facilities
- B) Strong traditional beliefs and supernatural perceptions leading to stigma
- C) Lack of interest in mental well-being
- D) A universal understanding of mental health conditions

10. How are initiatives like the 'C'est la Vie!' program addressing adolescent health in Sub-Saharan Africa?

- A) By focusing solely on vaccination campaigns
- B) Through educational entertainment via TV series and cross-media campaigns
- C) By limiting access to information
- D) By promoting traditional healing practices exclusively