

East Asia's 2024-2026 Health Shifts: Japan's Longevity Tech, China's Wellness

Public Health · Practice Test · 5 Questions

1. Which East Asian country is actively leveraging technologies like care robots and AI platforms to support its rapidly aging population and growing 'longevity economy' in 2025-2026?

- A) China
- B) South Korea
- C) Japan
- D) Taiwan

2. What major health initiative did the Chinese government launch in 2024-2026, focusing on a 'prevention-first' approach and promoting healthier lifestyles?

- A) The Green Health Campaign
- B) The Healthy China Initiative
- C) The Digital Wellness Program
- D) The Rural Health Modernization

3. In 2024-2025, South Korea saw a notable cultural shift in its demographic crisis with its total fertility rate experiencing a rebound after years of decline, leading to increased government support for what?

- A) Elderly care facilities
- B) Overseas migration incentives
- C) Childcare and fertility treatments
- D) Public transportation upgrades

4. The Asia-Pacific region, including East Asia, is experiencing rapid growth in which healthcare sector, driven by demand for telemedicine and AI-enabled care?

- A) Traditional herbal medicine production
- B) Invasive surgical procedures
- C) Digital health market
- D) Luxury medical tourism

5. China's plan to boost the health of children and adolescents through 2030 specifically targets key issues such as obesity, myopia, and what other type of disorders?

- A) Digestive disorders
- B) Sleep apnea
- C) Mental and behavioral disorders
- D) Allergic reactions