

Global Health Events in May 2026: WHA, Mental Health Awareness, and More!

Global Health · Practice Test · 10 Questions

1. What is the primary focus of the 79th World Health Assembly (WHA 79) scheduled for May 2026?

- A) Discussing new vaccine development for emerging diseases
- B) Shaping the future of equitable and resilient health systems
- C) Establishing global guidelines for artificial intelligence in healthcare
- D) Addressing the immediate aftermath of a major global health crisis

2. What is the theme for Mental Health Awareness Month in May 2026?

- A) "Mental Wellness for All"
- B) "Bridging the Gap in Mental Healthcare"
- C) "More Good Days, Together"
- D) "Prioritizing Mental Wellbeing"

3. The theme for World No Tobacco Day on May 31, 2026, is:

- A) "A Tobacco-Free Generation"
- B) "Unmasking the Appeal - Countering Nicotine and Tobacco Addiction"
- C) "Tobacco: A Global Health Threat"
- D) "Commit to Quit, For Good"

4. World Hypertension Day is observed annually on May 17th. What is the theme for 2026?

- A) "Know Your Numbers, Control Your Pressure"
- B) "Hypertension: A Silent Killer to Defeat"
- C) "Controlling Hypertension Together"
- D) "Healthy Hearts, Healthy Lives"

5. World Neglected Tropical Diseases (NTD) Day is observed on January 30th. What is the global message for 2026?

- A) "Eliminating NTDs, Restoring Dignity"
- B) "Unite. Act. Eliminate."
- C) "A World Free from Tropical Diseases"
- D) "Community Action Against NTDs"

6. The 79th World Health Assembly will take place in which city in May 2026?

- A) New York
- B) Berlin
- C) Geneva
- D) Paris

7. What key issue does the World No Tobacco Day 2026 campaign aim to expose regarding the tobacco and nicotine industry?

- A) Their lobbying efforts against clean air acts
- B) Their historical advertising practices
- C) Their methods of reinventing and repackaging products to hook new generations
- D) Their involvement in illegal tobacco trade

8. During May 2026, which week is specifically dedicated to children's mental health awareness?

- A) May 3-9
- B) May 10-16
- C) May 17-23
- D) May 24-30

9. World Malaria Day is observed on April 25th. What is the theme for 2026?

- A) "Innovate to Eliminate Malaria"
- B) "United Against Malaria"
- C) "The Final Push to End Malaria"
- D) "Malaria Prevention for All"

10. The World Health Assembly is the decision-making body of which international organization?

- A) The United Nations
- B) The World Health Organization (WHO)
- C) The International Red Cross
- D) The Global Health Council