

# Met Gala 2026: 'Fashion is Art' Theme, Sustainable Fashion Events, and Emer

Fashion Trends · Practice Test · 10 Questions

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**1. What is the official theme for the 2026 Met Gala, and what exhibition will it accompany?**

- A) Modern Minimalism; 'The Art of Simplicity'
- B) Costume Art; 'The Dressed Body'
- C) Avant-Garde Futurism; 'The Future of Fabric'
- D) Streetwear Revolution; 'Urban Canvas'

**2. Which of the following is a major sustainable fashion event scheduled to take place in New York in May 2026?**

- A) The Sustainable Fashion Forum in Portland
- B) Eco Fashion Week in Vancouver
- C) Textiles Recycling Expo USA in Charlotte
- D) Sustainable Apparel and Textiles Conference

**3. The 2026 Met Gala theme, 'Fashion is Art,' is directly linked to an exhibition that will explore what concept related to the human form?**

- A) The historical evolution of footwear
- B) The impact of accessories on personal identity
- C) The 'dressed body' across art and fashion history
- D) The influence of digital media on garment construction

**4. Which North American city is scheduled to host the 'Building Impact-Driven Fashion Businesses' workshop on May 14, 2026?**

- A) Chicago
- B) Portland
- C) Virtual
- D) New York

**5. According to predictions for 2026, what aesthetic is expected to dominate upcoming fashion trends, moving away from 'quiet luxury'?**

- A) Utilitarian Workwear
- B) Maximalism and Bold Self-Expression
- C) Bohemian Minimalism
- D) Retro Athleticism

**6. What is a key focus for sustainable fashion in 2026, moving beyond just organic materials?**

- A) Increased use of synthetic performance fabrics
- B) Exploration of regenerative agriculture for fiber production
- C) Reliance on fast fashion production cycles
- D) De-emphasis on material transparency

**7. Which of these emerging designers, noted for their unique silhouettes and blend of mythic and contemporary elements, is based in New York?**

- A) George Trochopoulos (London)
- B) Mel Usine (New York)
- C) Ashley Williams (Britain)
- D) Samanta Virginio (London/Italy)

**8. The Met Gala's 2026 dress code, 'Fashion is Art,' encourages guests to consider fashion's role in relation to what?**

- A) Environmental activism
- B) Technological innovation
- C) Its relationship with the body
- D) Global economic impact

**9. Which major fashion event in North America focuses on swimwear and the crossover of active-lifestyle fashion, scheduled for May 28-31, 2026?**

- A) Texworld New York
- B) Sustainable Fashion Week Chicago
- C) PARAISO Miami Swim Week
- D) Functional Fabric Fair

**10. In 2026, what trend is predicted to gain significant traction in sustainable fashion, involving the use of materials like Tencel, Seacell, and those derived from algae or mushrooms?**

- A) Synthetic fiber innovation
- B) Innovative and bio-based materials
- C) Increased use of conventional cotton
- D) Focus on microplastic-heavy synthetics