

# Introduction to Psychology Basics

Introduction To Psychology · Practice Test · 10 Questions

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## 1. What is the primary focus of psychology as a scientific discipline?

- A) The study of the stars and planets
- B) The study of chemical reactions
- C) The study of the mind and behavior
- D) The study of ancient civilizations

## 2. Who is often considered the 'father of psychoanalysis'?

- A) B.F. Skinner
- B) Sigmund Freud
- C) Ivan Pavlov
- D) William James

## 3. Which early school of psychology focused on breaking down conscious experience into its basic elements?

- A) Behaviorism
- B) Humanism
- C) Structuralism
- D) Cognitive Psychology

## 4. The theory that emphasizes the importance of unconscious drives and childhood experiences is known as:

- A) Cognitivism
- B) Psychoanalysis
- C) Behaviorism
- D) Humanism

## 5. What does the term 'correlation' in psychology measure?

- A) A cause-and-effect relationship
- B) The average score of a group
- C) The relationship between two or more variables
- D) The ethical implications of a study

## 6. Which research method involves observing behavior in its natural setting without intervention?

- A) Experiment
- B) Survey
- C) Case study
- D) Naturalistic observation

**7. The concept of 'operant conditioning' is most closely associated with which psychologist?**

- A) Albert Bandura
- B) B.F. Skinner
- C) Jean Piaget
- D) Carl Rogers

**8. What is the main purpose of a control group in an experiment?**

- A) To receive the experimental treatment
- B) To be compared with the experimental group
- C) To provide a baseline for comparison
- D) To have no effect from the independent variable

**9. Which perspective in psychology emphasizes free will, self-actualization, and personal growth?**

- A) Behaviorism
- B) Psychoanalysis
- C) Humanistic psychology
- D) Biological psychology

**10. The 'nature versus nurture' debate in psychology primarily concerns the influence of:**

- A) Conscious versus unconscious mind
- B) Genetics versus environment
- C) Learning versus instinct
- D) Reason versus emotion