

Milestones in Psychiatric History

Psychiatry · Practice Test · 12 Questions

1. Who is credited with publishing the first systematic classification of mental disorders in his 1883 work 'Compendium der Psychiatrie'?

- A) Emil Kraepelin
- B) Sigmund Freud
- C) Philippe Pinel
- D) Eugen Bleuler

2. In which year did Ugo Cerletti and Lucio Bini first perform successful electroconvulsive therapy (ECT) on a human patient?

- A) 1928
- B) 1938
- C) 1945
- D) 1952

3. Which substance was the first to be discovered as a mood stabilizer and effectively used for the treatment of bipolar disorder by John Cade in 1949?

- A) Chlorpromazine
- B) Lithium Carbonate
- C) Diazepam
- D) Haloperidol

4. Who coined the term 'schizophrenia' in 1908 to replace the previous term 'dementia praecox'?

- A) Karl Jaspers
- B) Adolf Meyer
- C) Eugen Bleuler
- D) Alois Alzheimer

5. What was the name of the first antipsychotic medication, discovered in 1950 and introduced into psychiatric practice in 1952?

- A) Reserpine
- B) Haloperidol
- C) Chlorpromazine
- D) Clozapine

6. Which physician is historically recognized for 'unchaining the insane' at the Bicêtre Hospital in Paris in the late 18th century?

- A) Jean-Martin Charcot
- B) Philippe Pinel
- C) Benjamin Rush
- D) William Tuke

7. The term 'Psychiatrie' was first coined in 1808 by which German physician?

- A) Johann Christian Reil
- B) Wilhelm Griesinger
- C) Ernst von Feuchtersleben
- D) Carl Wernicke

8. In 1927, Julius Wagner-Jauregg was awarded the Nobel Prize in Physiology or Medicine for which specific psychiatric treatment discovery?

- A) Prefrontal lobotomy
- B) Malaria therapy for general paresis
- C) Insulin coma therapy
- D) Psychopharmacological stabilization

9. Which American psychiatrist published the first edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM) in 1952?

- A) The American Psychiatric Association
- B) The World Health Organization
- C) The Menninger Foundation
- D) The National Institute of Mental Health

10. Who performed the first 'leucotomy' (the precursor to the lobotomy) in 1935, for which he later received the Nobel Prize?

- A) Walter Freeman
- B) James Watts
- C) António Egas Moniz
- D) H. Houston Merritt

11. Which Swiss psychiatrist pioneered the use of the word-association test and introduced the concept of the 'complex'?

- A) Carl Jung
- B) Alfred Adler
- C) Otto Rank
- D) Sándor Ferenczi

12. What was the first benzodiazepine, synthesized in 1955 and marketed in 1960, which revolutionized the treatment of anxiety?

- A) Diazepam
- B) Chlordiazepoxide
- C) Alprazolam
- D) Lorazepam