

Milestones in Psychiatric History

Psychiatry · Answer Key · 12 Questions

1. Who is credited with publishing the first systematic classification of mental disorders in his 1883 work 'Compendium der Psychiatrie'?

- A) Emil Kraepelin**
- B) Sigmund Freud
- C) Philippe Pinel
- D) Eugen Bleuler

2. In which year did Ugo Cerletti and Lucio Bini first perform successful electroconvulsive therapy (ECT) on a human patient?

- A) 1928
- B) 1938**
- C) 1945
- D) 1952

3. Which substance was the first to be discovered as a mood stabilizer and effectively used for the treatment of bipolar disorder by John Cade in 1949?

- A) Chlorpromazine
- B) Lithium Carbonate**
- C) Diazepam
- D) Haloperidol

4. Who coined the term 'schizophrenia' in 1908 to replace the previous term 'dementia praecox'?

- A) Karl Jaspers
- B) Adolf Meyer
- C) Eugen Bleuler**
- D) Alois Alzheimer

5. What was the name of the first antipsychotic medication, discovered in 1950 and introduced into psychiatric practice in 1952?

- A) Reserpine
- B) Haloperidol
- C) Chlorpromazine**
- D) Clozapine

6. Which physician is historically recognized for 'unchaining the insane' at the Bicêtre Hospital in Paris in the late 18th century?

A) Jean-Martin Charcot

B) Philippe Pinel

C) Benjamin Rush

D) William Tuke

7. The term 'Psychiatrie' was first coined in 1808 by which German physician?

A) Johann Christian Reil

B) Wilhelm Griesinger

C) Ernst von Feuchtersleben

D) Carl Wernicke

8. In 1927, Julius Wagner-Jauregg was awarded the Nobel Prize in Physiology or Medicine for which specific psychiatric treatment discovery?

A) Prefrontal lobotomy

B) Malaria therapy for general paresis

C) Insulin coma therapy

D) Psychopharmacological stabilization

9. Which American psychiatrist published the first edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM) in 1952?

A) The American Psychiatric Association

B) The World Health Organization

C) The Menninger Foundation

D) The National Institute of Mental Health

10. Who performed the first 'leucotomy' (the precursor to the lobotomy) in 1935, for which he later received the Nobel Prize?

A) Walter Freeman

B) James Watts

C) António Egas Moniz

D) H. Houston Merritt

11. Which Swiss psychiatrist pioneered the use of the word-association test and introduced the concept of the 'complex'?

A) Carl Jung

B) Alfred Adler

C) Otto Rank

D) Sándor Ferenczi

12. What was the first benzodiazepine, synthesized in 1955 and marketed in 1960, which revolutionized the treatment of anxiety?

A) Diazepam

B) Chlordiazepoxide

C) Alprazolam

D) Lorazepam