

Discovering Existence

Existentialism · Practice Test · 12 Questions

1. What is one of the main ideas in existentialism?

- A) Everything is already decided for you.
- B) You are free to make your own choices.
- C) There is no such thing as freedom.
- D) Someone else always knows what is best.

2. Existentialism believes that people create their own what?

- A) Rules for everyone else.
- B) Destiny without effort.
- C) Purpose and meaning in life.
- D) Problems to solve.

3. According to existentialist ideas, where do people get their values from?

- A) From a book of rules.
- B) From their parents only.
- C) From their own decisions and actions.
- D) From what is popular at the moment.

4. Existentialism suggests that people are responsible for their own what?

- A) Mistakes of others.
- B) Happiness all the time.
- C) Actions and the consequences of those actions.
- D) Weather patterns.

5. Which of these is a key idea in existentialism related to being alive?

- A) You are born with a set plan.
- B) Existence comes before your essence.
- C) Your essence is more important than your existence.
- D) You cannot change who you are.

6. Existentialism emphasizes that people are truly what?

- A) Machines programmed to do things.
- B) Completely controlled by fate.
- C) Free individuals who must choose.
- D) Simply following instructions.

7. In existentialism, the feeling of being alone in making choices is sometimes called what?

- A) Celebration.
- B) Joy.
- C) Anguish or dread.
- D) Excitement.

8. Existentialist thinkers often talk about the importance of living in the ____.

- A) Future only.
- B) Past only.
- C) Present moment.
- D) Dreams.

9. According to existentialist ideas, what is not a given when you are born?

- A) Your body.
- B) Your ability to think.
- C) A predetermined purpose for your life.
- D) Your name.

10. What does existentialism say about human nature?

- A) It is fixed and unchanging.
- B) It is defined by society.
- C) It is created by individuals through their choices.
- D) It is determined by genetics.

11. Existentialism suggests that facing difficult choices can lead to feelings of what?

- A) Complete certainty.
- B) Boredom.
- C) Responsibility and freedom.
- D) Indifference.

12. What is a core belief in existentialism about finding happiness?

- A) It is found by avoiding all difficult choices.
- B) It is a gift that is given to some.
- C) It is something you actively create through your life.
- D) It depends on luck.