

Human Health and Biology Basics

Human Biology · Practice Test · 10 Questions

1. Which organ is responsible for pumping blood throughout the human body?

- A) Lungs
- B) Heart
- C) Liver
- D) Stomach

2. How many bones are typically found in an adult human skeleton?

- A) 106
- B) 206
- C) 306
- D) 406

3. Which part of the body is primarily responsible for processing information and controlling actions?

- A) Kidneys
- B) Brain
- C) Bladder
- D) Intestines

4. Which vitamin is primarily obtained by the body through exposure to sunlight?

- A) Vitamin A
- B) Vitamin C
- C) Vitamin D
- D) Vitamin K

5. What is the main purpose of human lungs?

- A) Digesting food
- B) Filtering blood
- C) Gas exchange (breathing)
- D) Producing hormones

6. Which substance makes up the majority of the human body's total weight?

- A) Fat
- B) Bone
- C) Water
- D) Muscle

7. Which type of blood cells helps the body fight off infections and diseases?

- A) Red blood cells
- B) White blood cells
- C) Platelets
- D) Plasma

8. What is the largest organ in the human body by surface area?

- A) Liver
- B) Lungs
- C) Skin
- D) Brain

9. Which body part is responsible for grinding food during the process of digestion?

- A) Teeth
- B) Tongue
- C) Esophagus
- D) Stomach

10. What is the primary function of the small intestine?

- A) Pumping blood
- B) Absorbing nutrients
- C) Filtering air
- D) Regulating temperature