

Human Health and Biology Basics

Human Biology · Answer Key · 10 Questions

1. Which organ is responsible for pumping blood throughout the human body?

- A) Lungs
- B) Heart**
- C) Liver
- D) Stomach

2. How many bones are typically found in an adult human skeleton?

- A) 106
- B) 206**
- C) 306
- D) 406

3. Which part of the body is primarily responsible for processing information and controlling actions?

- A) Kidneys
- B) Brain**
- C) Bladder
- D) Intestines

4. Which vitamin is primarily obtained by the body through exposure to sunlight?

- A) Vitamin A
- B) Vitamin C
- C) Vitamin D**
- D) Vitamin K

5. What is the main purpose of human lungs?

- A) Digesting food
- B) Filtering blood
- C) Gas exchange (breathing)**
- D) Producing hormones

6. Which substance makes up the majority of the human body's total weight?

- A) Fat
- B) Bone
- C) Water**
- D) Muscle

7. Which type of blood cells helps the body fight off infections and diseases?

A) Red blood cells

B) White blood cells

C) Platelets

D) Plasma

8. What is the largest organ in the human body by surface area?

A) Liver

B) Lungs

C) Skin

D) Brain

9. Which body part is responsible for grinding food during the process of digestion?

A) Teeth

B) Tongue

C) Esophagus

D) Stomach

10. What is the primary function of the small intestine?

A) Pumping blood

B) Absorbing nutrients

C) Filtering air

D) Regulating temperature