

Global Food Culture Trivia

Food Culture · Practice Test · 20 Questions

1. Which country is the world's largest producer of saffron, a spice derived from the *Crocus sativus* flower?

- A) Spain
- B) Iran
- C) India
- D) Greece

2. In which country did the dish 'poutine', consisting of fries, cheese curds, and gravy, originate?

- A) United States
- B) Belgium
- C) Canada
- D) France

3. Which region is historically recognized as the birthplace of the coffee plant, *Coffea arabica*?

- A) Ethiopia
- B) Brazil
- C) Vietnam
- D) Colombia

4. Kimchi is a staple traditional side dish in which country?

- A) Japan
- B) China
- C) South Korea
- D) Thailand

5. Which Mediterranean island is known for the production of Halloumi cheese?

- A) Crete
- B) Sicily
- C) Sardinia
- D) Cyprus

6. What is the primary ingredient in the traditional Japanese fermented seasoning known as Miso?

- A) Chickpeas
- B) Soybeans
- C) Lentils
- D) Black beans

7. The national dish of Hungary, Goulash, is traditionally classified as what type of food?

- A) Soup or stew
- B) Dessert
- C) Pastry
- D) Fermented vegetable

8. Which country is the largest exporter of avocados in the world?

- A) Chile
- B) Peru
- C) Mexico
- D) Indonesia

9. Which country is famously associated with the 'Fika' tradition, a coffee break accompanied by a sweet bun?

- A) Sweden
- B) Denmark
- C) Norway
- D) Finland

10. The 'Banh Mi' sandwich, which utilizes a French-style baguette, is a signature street food of which country?

- A) Cambodia
- B) Laos
- C) Vietnam
- D) Malaysia

11. Which nation is the world's leading producer of vanilla?

- A) Madagascar
- B) Tahiti
- C) Mexico
- D) Indonesia

12. Which South American country is famous for the 'Asado', a technique for grilling various types of meats?

- A) Colombia
- B) Argentina
- C) Ecuador
- D) Peru

13. Tapas are small, savory dishes traditionally served in bars in which country?

- A) Portugal
- B) Italy
- C) Spain
- D) Greece

14. Which country is home to the culinary style known as 'Mole', a complex sauce made with chili peppers and chocolate?

- A) Peru
- B) Mexico
- C) Guatemala
- D) Brazil

15. Basmati rice is a variety of long-grained rice traditionally grown in which region?

- A) Southeast Asia
- B) The Himalayas
- C) Sub-Saharan Africa
- D) The Andes

16. Which country's national cuisine is heavily influenced by 'fufu', a dough made from boiled and pounded cassava, yams, or plantains?

- A) Ghana
- B) Egypt
- C) Morocco
- D) Tunisia

17. Which country consumes the most chocolate per capita globally?

- A) United States
- B) Belgium
- C) Switzerland
- D) Germany

18. Where did the 'Croissant' originate, according to historical accounts of the kipferl?

- A) France
- B) Austria
- C) Italy
- D) Germany

19. What is the main ingredient of 'Baba Ghanoush', a popular Levantine dip?

- A) Eggplant
- B) Chickpeas
- C) Red pepper
- D) Spinach

20. Which country is the largest producer of black tea in the world?

- A) Sri Lanka
- B) China
- C) India
- D) Kenya